

Name of dish	Peanuts	Nuts	Lupin	Molluscs	Sesame seeds	Crustacean	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Gluten
CHARD AND FETA							X		X				X	
CALAMARI			X				X	X	X			X	X	
Ham & Cheese croquettes									X	X				X
Hummus				X						X				
Burrata salad									X			X		
Porchetta sandwich														X
Salt beef sandwich							X		X		X	X	X	X
Fish finger sandwich						X	X					X	X	X
Ploughman's board							X		X		X	X	X	
Fish Board			X			X	X					X	X	
Veggie Board				X			X		X	X				X
Mussels			X											X
Anchovies salad			X			X	X	X	X			X	X	X
Sea bass						X	X		X	X				X
Cod						X	X					X	X	X
Rack of lamb									X					
Pork sausage							X	X			X	X	X	X
Beef burger							X		X	X		X	X	X
Rib eye steal							X	X	X		X			X
Jackfruit Tinga				X				X		X	X	X	X	X
Olives														
Fries														
Sweet potatos fries														
Triple cooked chips														
Raimbow swiss chard									X					
Mixed leaf salad											X			
Jersey royal									X					
Marple Bacon														

* brazil nuts, hazelnuts, almonds and walnuts

Review date: 27.05.2022

** cereals containing gluten (including wheat, rye, barley and oats)